

JOB SAFETY ANALYSIS

Safety Information for the University of California, Berkeley

RECREATIONAL SPORTS - ATHLETIC CAMPS

SETTING UP/TAKING DOWN EQUIPMENT

Note: Each sport will require different equipment and there are different hazards associated with each individual sport. The following are precautions for general equipment set-up.

TASK	HAZARDS	CONTROLS
1. Moving goal posts to desired location.	Back injury.	To minimized injuries, there should be two people moving goal posts. Bend knees to lessen pressure on lower back. Use legs as source of power to lift/move post. See "Lifting Heavy Objects" JSA.
	Foot injury.	Keep feet away from goal post.
2. Inserting goal posts into ground.	Foot injury.	Keep feet away from goal post holes. Lower goal posts slowly into ground.
	Falling.	See EH&S fact sheet on "Ladder Safety" for more information.
3. Setting up/taking down nets.	Pinching fingers.	Keep fingers away from any pinch points.
	Required Training: None	Required Personal Protective Equipment (PPE): None

Other Information: See "Ladder Safety" Fact Sheet and "Lifting Heavy Objects" JSA
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For more information about this JSA, contact the *Office of Environment, Health and Safety* at UC Berkeley, 317 University Hall #1150, Berkeley, CA 94720-1150 (510) 642-3073 • <http://www.ehs.berkeley.edu>

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